

## Crowstone Manor - 4 week summer menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Cold Chicken Salad Jacket Potatoes	Steak & Kidney Pie Peas Carrots Creamed Potatoes	Toad-in-the-Hole Baked Beans Creamed Potatoes	Ham & Eggs Grilled Tomatoes Boiled New Potatoes	Fish & Chips or pies, etc (From the Shop)	Cheese Omelette Coleslaw Fried Potatoes	Roast Beef, Yorkshire Pudding, Roast Potatoes Spinach & Sprouts
	Apple Crumble & Custard	Mandarin Oranges & Ice-Cream	Semolina & Jam	Stewed Prunes & Custard	Strawberries & Evaporated Milk	Jelly & Evaporated Milk	Baked Custard
Week 2	Cold Beef Salad Creamed Potatoes	Liver & Bacon Curly Kale Butter Beans Creamed Potatoes	Sausages Fried Onions Baked Beans Creamed Potatoes	Pasties Marrow Peas Boiled New Potatoes	Cod Fillet Parsley sauce Broccoli & Carrots Creamed Potatoes	Egg & Bacon Pie Potato Salad Tomatoes	Roast Lamb Roast Potatoes Green Beans Cauliflower
	Apple Pie & Custard	Black Cherries & Ice-Cream	Angel Delight	Rhubarb & Custard	Fresh Fruit Salad & Evaporated Milk	Vienetta	Trifle
Week 3	Rissoles Cabbage Carrots Creamed Potatoes	Salmon Salad Boiled New Potatoes	Smothered Sausages Peas Creamed Potatoes	Egg & Bacon Grilled Tomatoes Fried Potatoes	Smoked Haddock & Parsley sauce Peas & Carrots Creamed Potatoes	Scrambled Egg Ham Chips	Roast Pork, Roast Potatoes Broccoli Curley Kale
	Stewed Apple & Custard	Blancmange & Evaporated Milk	Neopolitan Ice-Cream & Wafers	Pineapple & Evaporated Milk	Banana Split & Wafers	Raspberries & Evaporated Milk	Shop Gateau
Week 4	Warm Pork Onion Sauce Boiled New Potatoes Carrots	Quiche Salad Boiled New Potatoes	Sausages Egg Grilled Tomatoes Chips	Corned Beef Hash Carrots Courgettes	Fish Pie Peas Broad Beans	Plain Omelette Bacon Baked Beans Chips	Roast Chicken Roast Potatoes Green Beans Cauliflower
	Apple Sponge & Custard	Pears & Evaporated Milk	Rice Pudding	Apricots & Custard	Melon & Ice-Cream	Jam Tart & Custard	Milk Jelly, Peaches & Evaporated Milk